

While walking on the chemin des 7 clochers, you will notice that horses are everywhere in the surroundings. And one of the typical equestrian activity in the region is the galloping training centre. Not to be missed.

Actually, each morning you can observe about 500 to 600 horses getting prepared on the various grassy or sandy tracks or relaxing in the rings under the supervision of both trainers and owners.





This highly efficient equipment allows horses and horse riders to get high scores and win many contests in local and national racecourses.

Trotting breeders-trainers are also very active locally and have their own individual training tracks.

Everyone can practise horse riding regardless of their level. An **equestrian centre** offers horse riding courses for beginners and also outdoor riding sessions. A horse **riders association** is also very active locally.

This trail is registered in the P. D. I. P. R. (Departmental Map of routes dedicated to walks and trails).

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Do not litter

RELIGIOUS HERITAGE



The religious heritage is rich and varied: schist crosses, chapels, wayside crosses and many churches of which you may see 7 bell-towers: Saint-Aubin de Pouancé, Pouancé, Senonnes, Eancé, Saint-Erblon, Saint-Aignan and la Rouaudière.

Schist crosses in this district reflect popular worship and also show the way to Santiago de Compostela. Either plainly or sophisticatedly carved, you can spot them along the trails.





Saint-Aubin church is the first parish church in Pouancé. Standing on the site of a former edifice dating from the High Middle Ages, Saint-Aubin church was restored in part during the 19th century.

Today, the church boasts, among other things, an Altarpiece and lateral altars dating from 1698.



Saint-Aubin church in Pouancé is listed among the "welcoming churches in Anjou".

In case you notice any anomaly on your way through, please inform the Commune d'Ombrée d'Anjou. Your remarks will help us maintain all the trails in good condition.

COMMUNE D'OMBRÉE D'ANJOU

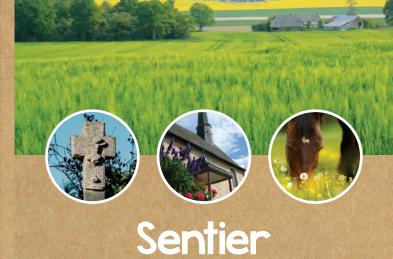
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IGN MAP: 1320 E

POUANCÉ



Start: Saint-Aubin car park Rue de l'Hippodrome

des 7 clochers



Road markers

From shaded, hollow trails to agricultural landscapes, from wild to tamed areas: from one side of the Araize to the other, this trail will provide you with a feeling of freedom...











Start: On your way to the Araize

Leave the car park and take the road on your left towards Senonnes. Walk under the bridge then take the agricultural trail on your right. Walk on and then up to the D180.

I: From South to North of the Araize

Cross the road, walk opposite towards la Chênaie. Walk the hollow trail down to the Araize then up to the crest by leaving the woods and get to the agricultural areas.

2: Agricultural landscapes

Turn left and walk on the agricultural trail up to the road. Take the grassy strip on the right-hand side of the road, cross it and walk on the parallel, grassy strip on the right-hand side of the road.

Nearby visit: the Hippodrome des Senonnettes.

3: Cross the Araize again

Before the Jouannerie, take the trail on your left down to the Araize. Walk on up to the road and follow it to the left. Then turn right towards La Corbonnière.

4: Walking towards the lake

After the Biherie, turn left. Walk on the path, when arriving at the tarred road, turn right and then left at the Fouletière; for your own safety, take the grassy footpath (berme*) on your right. Walk under the bridge and follow the path down to the lake. Keeping the lake to your left, walk beside the water back to the car park.

* Berme: verge of the road (Larousse)

